

Basic Biomechanics and Biomechanical Methods for Experimental Research of the Musculoskeletal System

at the University of Ulm, Germany
organised by the
Institute of Orthopaedic Research and Biomechanics

The aim of this workshop is to train the inexperienced researcher in basic principles of biomechanics. It will allow the participants to gain knowledge in planning and conducting biomechanical experiments by a balanced mixture of 7 lectures and 12 practical courses.

Date: November, 4 – 7, 2013
Venue: Institute of Orthopaedic Research and Biomechanics
Helmholtzstraße 14, 89081 Ulm, Germany
+49(0)731-500-55301

Agenda:

Monday November, 4 14:00	Arrival day Welcome and introduction by Prof. Dr. Lutz Claes
14:30 -16:00	Lecture I (90 minutes) (Dr. U. Simon) Basic mechanics 1 Statics: forces, moments, free-body diagram, static equilibrium
16:00-16:30	Coffee
16:30-18:00	Lecture II (90 minutes) (Prof. Dr. H.-J. Wilke) Measuring techniques in biomechanics How to measure force, displacement, pressure, strain and calibration methods
18:00	Welcome party
Tuesday November, 5 8:30-10:00	Lecture III (90 minutes) (Prof. Dr. H.-J. Wilke) Biomechanics of the locomotion apparatus Functional anatomy, significance of muscle forces, adaptation of bone
10:00-10:30	Coffee
10:30-12:00	Lecture IV (90 minutes) (Dr. U. Simon) Basic mechanics 2 Elastostatics: stress and strain, material properties Dynamics: inertia, dynamic equilibrium
12:00-13:00	Lunch

13:00-14:30	Laboratory I <ol style="list-style-type: none"> 1. Tensile test – hard tissue (Dipl.-Ing. M. Steiner) 2. Pressure distribution (D. Volkheimer, M.Eng.) 3. Fatigue test (Wöhler diagram) (Dipl.-Ing. R. Jonas) 4. In vitro measurement of soft tissue permeability (Dr. F. Galbusera)
14:30-15:00	Coffee
15:00-16:30	Laboratory I
Evening	Sight seeing walk in Ulm (18:00) and dinner (20:00)
Wednesday November, 6 8:30-10:00	Lecture V (90 minutes) (Dipl.-Ing. M. Steiner) Basic kinematics of joints
10:00-10:30	Coffee
10:30-12:00	Lecture VI (90 minutes) (Prof. Dr. L. Dürselen) Special biomechanics 3-point bending, 4-point bending, shear loads, motion of fracture gap, cell biomechanics
12:00-13:00	Lunch
13:00-14:30	Laboratory II <ol style="list-style-type: none"> 1. Tensile test – soft tissue (M. Freutel, M.Sc.) 2. Strain gauges (Dipl.-Ing. M. Steiner) 3. Spine motion and loading simulator (Prof. Dr. H.-J. Wilke) 4. Photoelastic experiment: femur, stress protection, stress concentration (Dr. U. Simon)
14:30-15:00	Coffee
15:00-16:30	Laboratory II
Evening	No program
Thursday November, 7 8:30-10:00	Lecture VII (90 minutes) (M. Freutel, M.Sc.) Mechanical properties of biological tissues Elasticity, viscoelasticity, poroelasticity, homogenous and anisotropic properties of bone, cartilage, ligaments, and muscles
10:00-10:30	Coffee
10:30-12:00	Laboratory III <ol style="list-style-type: none"> 1. Subsidence of cages (Dipl.-Ing. N. Berger-Roscher) 2. Interface movement between bone and total hip replacement (Prof. Dr. L. Claes / D. Volkheimer, M.Eng.) 3. Bending and torsion test (Dipl.-Ing. M. Steiner) 4. Motion analysis (Dipl.-Ing. (FH) N. Graf)
12:00-12:30	Lunch
12:30-14:00	Laboratory III
14:00	Discussion
	Departure around 3 pm